

FAMILY FAITH

Tips and tricks for
how you can
incorporate FAITH
into your family life.

Grades 4-6

Attend and participate in Sunday Mass as a Family.
Afterward, talk about some of the things that took place during
Mass - sounds, smells, their experience of church - belonging,
community, participation.

Relate belonging to the family of God to their experiences of
belonging to your family. Discuss celebrations, rituals, symbols,
prayer, family meal time, sharing stories, songs, activities,
forgiveness, giving thanks, helping family members, and neighbors.

**Create opportunities at home to gather and pray together as a
family. Consider praying a family Rosary - even if you start by
praying one decade at a time.**

Discuss ways in which friends, society, and media can lead to
occasions of sin as well as occasions of grace.

**Discuss the lives of the Saints with your children so they may see
examples of people who lived lives of holiness.**

Allow your child to experience your love and care for them as a way to
know and love God. Often, faith is leaned more easily through witness
than words.

"Parents have the unique responsibility for the education of their children; they are the first educators or catechists. They teach by their witness of the faith through their values and attitudes, by their Christian example of love of Christ and His Church. When children are baptized, parents accept the responsibility to raise their children in the practice of the faith."

-National Directory of Catechesis 234-235